

# MENTORING AND PREVENTION PROGRAM

Trauma-Informed Mentoring Services

## INDIVIDUAL MENTORING

THE INDIVIDUAL MENTORING PROGRAM IS COMMITTED TO MENTORING YOUTH WHO HAVE BEEN IDENTIFIED AS SURVIVORS OF SEXUAL ASSAULT, SEXUAL ABUSE, AND/OR DOMESTIC VIOLENCE. THROUGH HEALTHY, APPROPRIATE RELATIONSHIPS WITH INDIVIDUAL MENTORS, AND STRENGTHS-BASED PROGRAMMING, THE PROGRAM ADDRESSES THE MENTEES' DEVELOPMENTAL, SOCIAL, AND EMOTIONAL NEEDS.

- Individual Mentors work directly with survivors to foster an understanding of their inherent value and innate potential.
- Survivors receive intensive case management for at least one year.
- Individual Mentors provide basic skill development and psychosocial services aimed to reduce survivor's cognitive and behavioral impairments and to restore them to their highest level of functioning.
- Services help recipients acquire constructive cognitive and behavioral skills through positive reinforcement, modeling, operant conditioning, and other training techniques.

## PARENTING GROUP

THE PARENTING GROUP IS A TRAUMA-INFORMED SUPPORT/ EDUCATIONAL GROUP FOR ANY PARENT EXPERIENCING CHALLENGES WITH ADOLESCENTS. EACH WEEK THE TEAM WORKS ON DIFFERENT TOPICS, SUCH AS:

- Identifying parenting styles
- De-escalation
- Human trafficking
- Attachment and nurturing
- Building social connections
- Positive family activities
- Parental resilience

**Eligibility:** This group is free and open to any parent of an adolescent in the LV area.

## GIRLS CIRCLE

GIRLS CIRCLE IS A 12-WEEK STRUCTURED SUPPORT GROUP FOR YOUTH.

SESSIONS ARE LED BY TRAINED FACILITATORS WHO FOCUS ON AREA SUCH AS:

- self-esteem
- body image
- substance abuse prevention
- anger management
- STD prevention
- runaway prevention
- teen homelessness
- dating violence
- violence
- bullying
- educational success
- career development
- dress for success
- financial literacy
- teen pregnancy prevention

**Eligibility:** Girls 12-18 years old from the LV area.

## PEER MENTORING

UPON SELECTION, YOUTH WILL RECEIVE TRAINING AND PARTICIPATE IN TEAM BUILDING ACTIVITIES TO BECOME A PEER MENTOR.

**Eligibility:** Successful completion of any TEP program, good attendance and participation.

# the embracing project

A Rite of Passage Program

## OUR MISSION

TO PROMOTE PEACE AND HEALING FOR YOUTH SURVIVORS OF VIOLENCE, SEXUAL EXPLOITATION, AND SEX TRAFFICKING THROUGH SPECIALIZED PROGRAMS, TRAUMA-INFORMED CARE, AND UNCONDITIONAL SUPPORT.

"They never gave up on us, never left us hanging on our own. They stood there by our side."



The Embracing Project  
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(702) 463-6929

[www.TheEmbracingProject.org](http://www.TheEmbracingProject.org)



"...I really love this place. I come here just to be here."

## DROP-IN CENTER

THE EMBRACING PROJECT'S DROP-IN CENTER IS THE ONLY SPECIALIZED CENTER OF ITS KIND IN THE LAS VEGAS VALLEY. ALL OF OUR SERVICES AND PROGRAMS ARE CLIENT-CENTERED AND TRAUMA-INFORMED. SERVICES INCLUDE:

- Specialized victim-centered advocacy
- Trauma-informed case management
- Crisis intervention
- Support for transitional living
- Group, individual, and family therapy
- Vital documentation acquisition
- Basic needs assistance (i.e. clothing, hygiene, food, healthcare, etc)
- College and Career Readiness and Exploration
- Transportation
- Referrals to community-based service providers
- On-site CCSD-approved school
- Classes on protection from predators, maintaining physical health, and increasing life skills

## SHOULD I VISIT THE DROP-IN CENTER?

### ARE YOU...

- in need of any of our listed services?
- a victim of sexual violence?
- couch surfing or in need of safe shelter/housing?

### Do you...

- need support with your juvenile case?
- want to graduate high school, but feel like you can't at your current school?
- need a copy of your birth certificate or social security card?
- need help getting a job, getting a health card, or building a resumé?
- want to attend college, but don't know where to start or if you can afford it?
- not know when you will have your next meal?

**IF YOU ANSWERED YES TO ANY OF THESE QUESTIONS AND ARE BETWEEN 12 - 18 YEARS OLD, THE EMBRACING PROJECT CAN HELP.**

## OUTREACH

AT THE EMBRACING PROJECT, WE BELIEVE IN CONNECTING WITH YOUTH AND BUILDING RELATIONSHIPS IN THE COMMUNITY THROUGH TARGETED OUTREACH:

### Community Outreach

- Community events and fairs
- Raising awareness
- Presentations for youth on Internet Safety, Paths to Exploitation and Human Trafficking

### Street Outreach

- Raising awareness
- Connecting with youth in their communities
- Providing services within the community

### Juvenile Detention Outreach

- Connecting with youth while they are detained
- Providing weekly compassionate healing groups for female youth in detention

## ADVOCACY

AT THE EMBRACING PROJECT, WE BELIEVE THAT SEXUALLY EXPLOITED YOUTH (SEY) SHOULD HAVE SUPPORTIVE ADVOCATES BY THEIR SIDE AS THEY START THE HEALING PROCESS. TEP PROVIDES ADVOCACY SUPPORT IN THE FOLLOWING AREAS:

- Emotional support
- Crisis intervention
- Juvenile court appearances
- Accompaniment while testifying
- SEY juvenile court proceedings
- Juvenile probation and parole
- Legal proceedings, i.e. custody
- Transportation

## ARE YOU BEING EXPLOITED?

### IS THERE ANYONE IN YOUR LIFE THAT...

- Makes you do things you are not comfortable with?
- Physically harms you in any way?
- Asks you to leave home and run away to meet them?
- Keeps money that you make?
- Doesn't let you have contact with friends or family?
- Threatens to harm people you are close to?
- Encourages or makes you perform sexual acts with other people?

### HAVE YOU EVER...

- Run away from home to meet with someone?
- Felt unable to leave the place where you are staying?
- Had sex with someone in exchange for a place to stay, money, food, or drugs?

"When I feel like I am going to fall back and do drugs again, I come here and talk about it. I come here for that support and I feel welcomed."

**IF YES, PLEASE CONTACT US: 702-463-6929**

**OR CALL THE 24HR HUMAN TRAFFICKING HOTLINE: 1-888-373-7888**